

New EU partnership to promote culture and health

A new European partnership has just started to carry out a study on **the importance of cultural activities and arts in ensuring mental health and well-being both on an individual and collective level.**



This project, called **‘CultureForHealth’**, consists of major European cultural networks, organisations and a region: [Culture Action Europe](#)] (the project manager), [Trans Europe Halles](#)], the [Northern Dimension Partnership for Culture](#)], Danish [Central Denmark Region](#)], [Centrul Cultural Clujean](#)] from Romania and [Društvo Asociacija](#)] from Slovenia.

It will run from December 2021 to May 2023 and aim to achieve key objectives:

- improve the exchange of knowledge and experiences in the EU related to the role of culture in well-being and health
- identify the most relevant existing practices
- improve opportunities for actors in the field
- make a set of policy recommendations.

During the 18 months, CultureForHealth will carry out six pilots that will include many different experiences: museum experiences for people with dementia, cultural experiences against burnout in the workplace, cultural experiences to strengthen social conditions, inclusion and mental well-being.

The ‘CultureForHealth’ website will be online in January 2022 with updated news on the project.