

## Guided field trip to discover the area of the INCULTUM Pilot set in Tuscany



all photos courtesy of Promoter.

Scope of the INCULTUM Pilots, which are all set in peripheral and remote areas, is to unveil the cultural and natural richness of under-rated territories while, at the same time, avoiding the negative impacts of touristification. This effort is at the heart of INCULTUM's innovation and research, that leverage communities' participation in sustainable tourism development and aims at attracting the interest of other stakeholders in these areas.

As an outcome of the effort deployed by the INCULTUM Pilot in Garfagnana (Italian Apennines) to promote the territory and its richness, an autonomous initiative, created by an expert environmental guide, is proposed on 21 August 2022: a one-day field trip, open to anyone interested, which will explore the beautiful landscapes and historical itineraries of the area.

The guided excursion will be concluded in the town San Pellegrino in Alpe, where on the same day the excursionists can enjoy the theatrical performance by actress Elisabetta Salvatori [?Un prete, due santi, un confine e 4000 pezzi unici?](#), which is part of the

activities organized in the framework of the INCULTUM Pilot.



Thanks to the nice proposed excursion, the INCULTUM project demonstrates once more its potential in terms of impact delivery, activating independent stakeholders to exploit the momentum created by the Pilot, on the territory.

The performance will be repeated multiple times across the summer, having already proved to be an interesting element of cultural attraction and tourist engagement in San Pellegrino in Alpe.

Discover the INCULTUM Pilot set in Garfagnana: <https://incultum.eu/pilots/5-garfagnana/>

#### **Information about the excursion provided by the organiser:**

Easy excursion suitable for everyone, which starts from the village of San Pellegrino in Alpe and will reach the Passo delle Radici on the border between Emilia Romagna and Tuscany, crossing historical paths such as the Via Matildica del Volto Santo and the Via Vandelli on route 00. We will need to walk on asphalt for a short stretch but fortunately these roads are not too busy, for the rest we will mainly walk in beech woods, along paths full of blueberries, raspberries and wild strawberries. We will pass by a former ski resort just on the border between Tuscany and Emilia Romagna, where there is a spring from which very good water flows. We will have lunch on the edge, then we'll resume the way to San Pellegrino in Alpe. This is a town rich in history and legends, with an ethnographic museum and a church that was an ancient hospice for pilgrims; in the town there is a bar where there are two memorial signs to mark the border between Tuscany and Emilia Romagna.

Our day trip will be enriched at 4.30 pm by the opportunity to enjoy the show by Elisabetta Salvatori "Un prete, due santi, un confine e 4000 pezzi unici?", performed free of charge in the lawn in front of the church.

For those who want there is also the possibility of extending the stay, spending the night in the local refuge.

Technical data: Easy-medium difficulty trekking, suitable for trained walkers. There are stretches on the paved road but the roadway is quite wide and few cars pass.

Length: 7.5 km

Difference in height: 250+

Difficulty: E

What to bring: 1.5 liter bottle of water, snacks / dried fruit / bars, packed lunch

Recommended clothing: trekking shoes, daily backpack, windbreaker, layered technical clothing or cotton t-shirt by replacement.

Optional: trekking poles

Cost: 15 euros per person. Children under 18: 8 euros; under 10 free of charge. Cash payment on the day of the excursion. The fee includes the GAE guide service with RC insurance.

For info and reservations contact your guide Laura at +39 335 1768182 (also Whatsapp) or by email: [lauraroth72@gmail.com](mailto:lauraroth72@gmail.com)