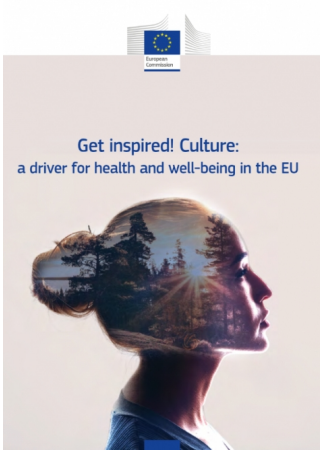
Presenting "Get inspired! Culture: a driver for health and wellbeing in the EU"





European Commission, Directorate-General for Education, Youth, Sport and Culture, Get inspired! Culture: a driver for health and wellbeing in the EU, Publications Office of the European Union, 2022, https://data.europa.eu/doi/10.2766/09124

"**Get inspired! Culture: a driver for health and wellbeing in the EU**" gathers good practice examples from a range of projects from several European funding programmes, namely Creative Europe, Erasmus+, Horizon 2020 and Horizon Europe. They show the power of culture and the arts to improve health and well-being in the European Union. The projects selected within these initiatives have in common that they build bridges between fields that are usually approached individually.

From art and psychology, to music and care for Alzheimer's patients, from the role played by design in psychology, to the impact of architecture in psychiatry, the projects pave the way to synergies at the service of a very intimate part of citizens' lives.

The present brochure epitomises the awareness both from the European Commission and the European Parliament of the power of culture in the lives of all citizens. It has also a commitment on our side to spare no efforts to make a difference in the field of mental health to the benefits of European citizens.

You can download the booket at this link.