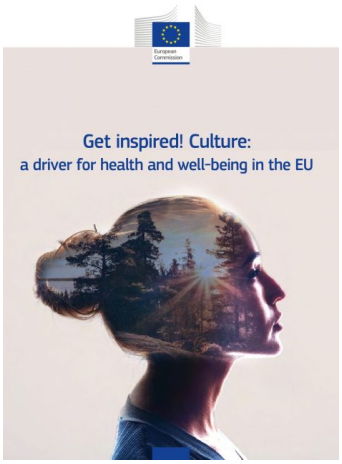
?Get inspired!? A new publication of European Union



An interesting publication about culture and its relationship with health and well-being is published on the official website of European Union.

The book's title is ?Get inspired! Culture. A driver for health and well-being in the EU? and it was published in November 2022. It gathers good practice examples from a range of projects from several European funding programmes - Creative Europe, Erasmus+, Horizon 2020 and Horizon Europe - with the aim of showing the power of culture and the arts to improve health and well-being in the European Union. The projects selected within these initiatives have in common that they build bridges between fields that are usually approached individually: from art and psychology, to music and care for Alzheimer's patients, from the role played by design in psychology, to the impact of architecture in psychiatry.

This publication confirms the awareness of the European institutions on the power of culture in the lives of all citizens.

Click here to download the book