

Lifestyle and Time Use for a Forward-Looking Europe

Thursday 12 November 2015
Spanish Centre for Scientific Research (CSIC),
62 Rue du Trône, 1050 Brussels (7th floor, room III)

The European GLAMURS project (Green Lifestyles, Alternative Models and Upscaling Regional Sustainability) aims to explore transitions to more sustainable lifestyles and greener economies in Europe. Involving a team of world-leading psychologists, economists, transition researchers and modellers from Spain, the UK, Norway, Germany, Italy, the Netherlands, Romania and Austria, GLAMURS is examining how existing sustainable lifestyle initiatives can be scaled up. For more information about GLAMURS, see <http://www.glamurs.eu/>.

You are cordially invited to attend the above workshop, which will demonstrate the latest findings from GLAMURS, and seek feedback on policy recommendations for the last phase of the project. The workshop is organised in four sessions:

- State of the art introduction
- What makes people choose and change their lifestyles?
- Making time for sustainability
- Simulating future human scenarios

Please reply by 30 Oct 2015 to Moritz.Kammerlander@seri.at to let us know if you will attend. Lunch and refreshments will be provided, but we regret we cannot cover travel expenses. If you have any dietary requirements, please include these in your reply to Moritz Kammerlander.

Ricardo García Mira (*Project coordinator*)

Moritz Kammerlander (*SERI*)

Gary Polhill (*James Hutton Institute*)



EUROPEAN COMMISSION
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7th Framework Programme for Research and Technological Development.
The research leading to these results has received funding from the European Community's Seventh Framework Programme (FP7/2007-2013) under grant agreement N° 613420.



European seminar
LIFESTYLE AND TIME-USE FOR A FORWARD-LOOKING EUROPE
Thursday 12th November 2015

09:15-09:30: Arrival and coffee

09:30-10:00: State of the art introduction

“European sustainable and resilient societies”

Elisabeth Lipiatou / Domenico Rossetti (European Commission, DG RTD – B.6)

“The GLAMURS project: where we are”

Ricardo García Mira (University of A Coruna, Spain)

10:00-11:15: *What makes people choose and change their lifestyles?*

The GLAMURS project is interested in exploring the reasons why people choose their lifestyles, and what makes them change. We have been looking at psychological, economic and policy influences on these choices in the context of a number of case studies in regions across Europe.

Adina Dumitru (UDC) / Giuseppe Carrus (ROMA3)

Lucy O’Shea (UBATH) / Michael Finus (UBATH)

Discussant: Ugo Guarnacci (European Commission, DG RTD – I.3)

Session moderated by R. García Mira



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11:15-12:30: *Making time for sustainability*

The GLAMURS project has investigated the influence of time on engagement with sustainability. Increasingly, wealth is associated with high demands on time, and existing research has already shown that under stress, people are less likely to make mindful, rational decisions. This results in choices that are not necessarily best for the individual, never mind wider society, the environment, or the economy. We present findings from focus groups and initiatives in the case study regions.

Adina Dumitru (UDC) / Ellen Matthies (Magdeburg University).

Discussant: Gerardus Klaassen (European Commission, DG CLIMA)

Session moderated by I. Omann (tbc)

12:30-13:30: Lunch

13:30-14:45: *Simulating human scenarios*

The GLAMURS project is using advanced computer simulations to explore scenarios by which sustainability could be improved. We show the results of a case study in Scotland, and seek feedback on visions for the future and potential scenarios to study derived from short- and long-term policy, technology and other interventions.

Gary Polhill (JHI) / Tony Craig (JHI) / Jaco Quist (Delft University) ...

Discussant: Valeriu Dan Dionisie (European Commission, DG JUST)

Session moderated by Gary Polhill

14:45-15:15: Invited Talk: Pawel Swieboda (Deputy Director, European Policy Strategic Center - EPSC) (tbc)

15:15-15:30: Wrap-up and close



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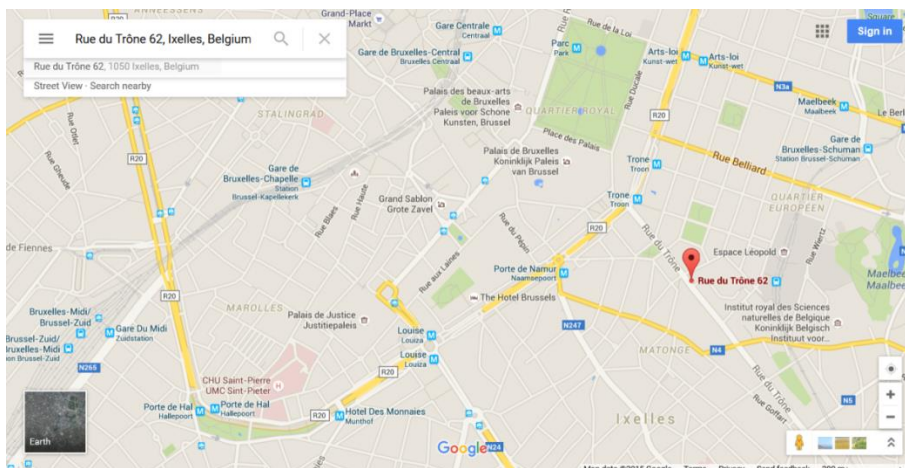
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Directions to the venue

The nearest metro station is Trône/Troon on lines 2 and 6, which is five stops from the Eurostar terminal at Bruxelles-Midi/Brussel-Zuid. From the airport, regular trains are available to Brussels North, Central and Midi stations, from which you can get the metro. (Change at Arts-Loi/Kunst-Wet from Central station, and Rogier from North).

A map of the area and streetview of the venue are included below.



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